



Instructions: Please answer the following questions as completely and accurately as possible. The parent should fill out the form for patients under the age of 15.

## **Patient Questionnaire**

Today's Date: . \_\_\_\_\_

Patient's Name:

DOB: \_\_

Sex: M F

How did you hear about our clinic or who were you referred by:

Reason for Allergy visit (briefly describe):

### **A. Please check the conditions that are currently bothering you:**

**Nose:**

- Stuffy
- Sneezing
- Itching
- Draining
- Bleeding
- Mouth breathing
- Snoring
- Loss of smell
- Frequent sinus infections

**Eyes:**

- Itching
- Burning
- Watering
- Swelling

**Throat:**

- Itching
- Draining
- Throat clearing
- Soreness
- Hoarseness
- Loss of taste

**Ears:**

- Itching
- Popping
- Draining
- Ringing
- Hearing loss
- Fluid behind eardrums
- Frequent ear infections

**Respiratory:**

- Cough
- Wheeze
- Shortness of Breath
- Tightness
- Phlegm (mucus)
- Bronchitis
- Pneumonia

**Gastrointestinal:**

- Abdominal pain
- Vomiting
- Diarrhea
- Constipation
- Poor appetite
- Poor weight gain
- Heartburn/acid reflux

**Nervous system:**

- Headache
- Unusual tiredness
- Irritability

**Skin:**

- Hives
- Itch
- Swelling

**Musculoskeletal:**

- Muscle pains
- Joint pains

**Cardiovascular:**

- heart racing
- chest pain

**Constitutional:**

- Fevers

**Allergy:**

- food allergy

**Endocrine:**

- heat/cold intolerance

Other symptoms not listed above:

### **B. Underline the month(s) your symptoms occur. Circle the months that are worse.**

Jan Feb Mar Apr May Jun Jul Aug Sep Oct Nov Dec

**C. Circle the medications or treatments that you have taken in the past for your allergies and/or asthma.**

	How many months?					How many months?			
Advair	1	2	3	4	Fluticasone	1	2	3	4
Dulera	1	2	3	4	Nasonex	1	2	3	4
Flonase	1	2	3	4	Qvar	1	2	3	4
Flovent	1	2	3	4	Symbicort	1	2	3	4

**D. Please list all your current medications and reasons for taking them:**

**E. Have you ever been on allergy shots (immunotherapy)? If yes, when, for how long, and to what?**

**F. Please list any MEDICATION allergies:**

**G. Please list any past or current medical problems not yet mentioned above, including any surgeries:**

**H. Please list any medical problems that run in your immediate family:**

Relationship (mother, brother, daughter, etc.)

Asthma:

Hay Fever or Allergic Rhinitis:

Eczema:

Immunodeficiency of any type:

Any other medical problems in the family:

**I. Personal History:**

Do you smoke?                      How many packs per day?      \_\_\_ How long have you smoked?

Does anyone smoke at home?                      At work?

Were you exposed to smoke as a child?                      If yes, for how long?

Do you have any pets? If yes, type (cat, dog, etc.) and number.

Signature \_\_\_\_\_

Date \_

Please email this completed form to [findrelief@gourleyallergy.com](mailto:findrelief@gourleyallergy.com), fax it to 801-266-4138 or bring it with you 15 minutes prior to your first visit. Thank you!